

SPA MENU

We believe that each massage experience should be tailored to the body's specific needs. Our treatments are designed as either a full body experience or an area-specific focus.

Choose an aromatherapy oil that most appeals to your senses.

SIGNATURE SWEDISH MASSAGE
60 MIN - \$ 160 90 MIN - \$ 240

A HOLISTIC APPROACH TO RELIEVING STRESS, STIMULATING THE CIRCULATION, BOOSTING THE IMMUNE SYSTEM, ALL WHILE PROMOTING RELAXATION IN ALL BODILY TISSUES AND CELLS.

DEEP TISSUE MASSAGE
60 MIN - \$180 90 MIN - \$260

A PERFECT POST-ADVENTURE MASSAGE FOCUSING ON RELIEVING DEEPER LAYERS OF YOUR MUSCLES. USING DIRECT PRESSURE, THIS TECHNIQUE PROVIDES EXCELLENT RELIEF OF MUSCLE TENSION AND FATIGUE, ALLOWING MUSCLES TO REGAIN THEIR FREEDOM OF MOVEMENT.

COZY DAY MASSAGE AND FACIAL
90MIN - \$250

A PACKAGE FOCUSING ON CLEANSING AND RESTORING BALANCE WITH A FOUNDATIONAL, MULTI-STEP SKIN TREATMENT AND A HOLISTIC RELAXATION MASSAGE TO NOURISH THE SKIN WHILE PROMOTING RELAXATION.

FOOT REFLEXOLOGY - 60 MIN - \$140

RELAX AND RESTORE WITH A SOOTHING FOOT TREATMENT THAT RELIEVES STRESS, IMPROVES CIRCULATION, AND PROMOTES OVERALL WELL-BEING THROUGH TARGETED REFLEX POINT THERAPY.

ZEN RADIANCE FACIAL 50 MIN -\$160

A REFRESHING FACIAL THAT CLEANSSES, EXFOLIATES, AND HYDRATES THE SKIN FOR A SMOOTH, RADIANT GLOW. INCLUDES A RELAXING NECK AND SHOULDER MASSAGE TO EASE TENSION AND ENHANCE CIRCULATION. LEAVES YOU FEELING BALANCED, REVITALIZED, AND DEEPLY NOURISHED FROM THE INSIDE OUT.

PRIVATE STRETCH CLASS - 30 MIN - \$55

CATERING TO YOUR UNIQUE NEEDS, WE UTILIZE VARIOUS STRETCHING TECHNIQUES TO SOFTEN THE IMPACTS OF THE DAY OR THE NIGHT AND TO ALIGN YOUR BODY AND MIND. PRIVATE CLASSES CAN ACCOMMODATE GROUPS OF UP TO 4 PEOPLE.



Prices exclude taxes and gratuities. Treatments are subject to practitioner availability. All spa appointments require 24 hour cancellation notice. Treatments cancelled within 24 hours of service will be charged IN FULL. Treatments changed within 24 hours of service will be charged 50% of the rate. No-shows will be charged in full.